

JANUARY 2023 BREAKFAST MENU

MENU IS SUBJECT TO CHANGE

MON 2		TUE 3	Cereal	WED 4	Banana bread	THU 5	Pop-tart
	No School		Yogurt/cheese stick		Yogurt/cheese stick		Yogurt/cheese stick
			Fruit		Fruit		Fruit
			Milk		Milk		Milk

MON 9	Cereal	TUE 10	Muffin	WED 11	Benefit bar	THU 12	Cinnamon Roll
	Yogurt/cheese stick		Yogurt/cheese stick		Yogurt/cheese stick		Yogurt/cheese stick
	Fruit		Fruit		Fruit		Fruit
	Milk		Milk		Milk		Milk

MON 16	Cereal	TUE 17	Benefit Bar	WED 18	Bread	THU 19	Bagel w/cream cheese
	Yogurt/cheese stick		Yogurt/cheese stick		Yogurt/cheese stick		Yogurt/cheese stick
	Fruit		Fruit		Fruit		Fruit
	Milk		Milk		Milk		Milk

MON 23	Cereal	TUE 24	Uncrustable	WED 25	Benefit bar	THU 26	Cinnamon Roll
	Yogurt/cheese stick		Yogurt/cheese stick		Yogurt/cheese stick		Yogurt/cheese stick
	Fruit		Fruit		Fruit		Fruit
	Milk		Milk		Milk		Milk

MON 30	Cereal	TUE 31	Benefit bar	WED		THU	
	Yogurt		Yogurt/cheese stick				
	Fruit		Fruit				
	Milk		Milk				