

March 2022 BREAKFAST MENU

MENU IS SUBJECT TO CHANGE

MON						
	TUE	Benefit bar	WED	Pancakes	THU	Bagels w/cream cheese
	1	Fruit	2	Fruit	3	Cheese
		Milk		Milk		Fruit
						Milk

MON						
7	TUE	apple filled donuts	WED	Benefit bar	THU	brownie bites
	8	cheese stick	9	Fruit	10	cheese stick
		Fruit		Milk		Fruit
		Milk				Milk




MON						
14	TUE	Benefit bar	WED	sausage pancake stick	THU	pop-tart
	15	Fruit	16	Fruit	17	cheese stick
		Milk		Milk		Fruit
						Milk

MON						
21	TUE	muffins	WED	Benefit bar	THU	bagel w/cream cheese
	22	cheese stick	24	Fruit	25	Fruit
		Fruit		Milk		Milk
		Milk				

MON						
28	TUE	Benefit bar	WED	Bread	THU	Muffins
	29	Fruit	30	Fruit	31	Fruit
		Milk		Milk		Milk

March 2022 SRVS Nutrition
 Simms High / Fort Shaw / Vaughn



	3/1 Cake		King	3/2 Corn Chowder Bread Stick	3/3 Chicken Enchilada Bake
	Jambalaya				
3/7 Orange Chicken Fried Rice	3/8 Waffles Minty Pineapple Soup Focaccia Potato Soup French Bread			3/9 Beef Burger Potato Wedges	3/10 Swedish Meatball Buttered Noodles
3/14 Chicken Burger Chips	3/15 Creamy Basil Tomato Soup Grilled Cheese			3/16 Thai Chicken Noodles	3/17  Potatoes Cabbage Carrots
3/21 Chicken Pot Pan	3/22 Sloppy Joes Mac & Cheese			3/23 	3/24 Teriyaki Chicken Asian Noodles
3/28 Chili Dogs Potato Wedges	3/29 3 Sister Stew Bread Stick			3/30 Roasted Chicken Yukon Mashed & Gravy Green Beans	3/31 Asian Beef Fried Rice
Breakfast Includes: Protein / Grain / Fruit / Milk or Juice - Lunch Includes: Protein / Salad / Grain / Veggies / Milk					
The Kitchen Staff does not discriminate based on race, color, national origin, sex, age or disability					