

January 2022

SRVS Nutrition

Simms High / Fort Shaw / Vaughn



1/3 Waffle & Links Sloppy Joes Fries	1/4 Biscuit & Gravy Chicken & Waffles Maple Gravy	11/5 Western Scramble Corn Chowder French Bread	1/6 Muffin Simms – Chef Special Orange Chicken Fried Brown Rice
1/10 Breakfast Wrap Chicken Enchilada Bake	1/11 French Toast Bake Cheesy Veggie Soup Rolls	1/12 Baked Oatmeal 	1/13 Cinnamon Roll Thai Chicken Noodles with Veggies
1/17 Breakfast Muffin Polish Sausage Bake	1/18 Biscuit & Gravy Baked Potato Bar Chili	1/19 Western Scramble Tomato Soup Grilled Cheese	1/20 Scone Pulled Pork Sand Herbed Roasted Potato Wedges
1/24 Breakfast Wrap Chili Dogs Herbed Potato Wedges	1/25 French Toast Bake Zuppa Toscana Bread Stick	1/26 Baked Oatmeal Meatloaf (GF) Garlic Mashed Yukon's Corn 	1/27 Muffin Teriyaki Chicken Asian Noodles
1/31 Breakfast Muffin Chicken Burger Fries			

Breakfast Includes: Protein / Grain / Fruit / Milk or Juice - Lunch Includes: Protein / Salad / Grain / Veggies / Milk

Note: The Kitchen stall does not discriminate based on race, color, national origin, sex, age or disability

Morning!!

Yogurt Bar
Fresh Fruit / House Made Granola
Boiled Egg / Cheese Stick
Steal Cut Oats or Cream of West
Milk or Juice



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	2/1 Biscuit & Gravy Loaded Potato Soup	2/2 Western Scramble LASAGNA Bread Sticks	2/3 Muffin Sloppy Joes Chips
2/7 Breakfast Wrap Thai Chicken Noodles with Veggies	2/8 French Toast Bake Diced Ham and Scalloped Potatoes 	2/9 Baked Oatmeal Cheesy Veggie Soup Rolls 	2/10 Cinnamon Roll BYO Burgers Potato Wedges
2/14 Breakfast Muffin Chicken Alfredo Broccoli 	2/15 Biscuit & Gravy French Toast Bake Link Sausage	2/16 Western Scramble Teriyaki Chicken Asian Noodles	2/17 Scone Tater Tot Casserole 
2/21 Breakfast Wrap Beef Gravy Yukon Mashed Potatoes 	2/22 French Toast Bake Minestrone Soup	2/23 Baked Oatmeal Pork Tacos	2/24 Muffin Mac & Cheese Little Smokies
2/28 Breakfast Muffin Spaghetti & Meat Sauce			

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**Special Shout Out for the Donations provided by
Treasure State Honey**

About Treasure State Honey

Treasure State Honey is a honey producer based in Montana, U.S.A. We produce, jar, and sell only honey our bees produce. We are not a packer who buys honey on the open market and then puts it into jars for resale.

Taking our honey from the hive to the jar gives us complete control over quality and makes it possible for us to ensure our customers receive a truly raw, unfiltered, pure honey.

Our honey is never heated above hive temperature therefore it is designated as raw.

The floral sources for our honey are the sweet clovers, alfalfa, and wildflowers that grow in central Montana's prairies and foothills.

Our honey took home a gold medal among hundreds of entries from around the world at the 2019 Apimondia Beekeeping Conference!

Because our honey is completely raw and all natural, it will eventually harden or "crystallize". This is normal and many people prefer the spreadable texture of crystallized honey. However, it is easy to return your honey to its liquid state! Simply place the jar in warm (about 100 degrees F) water and stir the honey as it warms. You may want to increase the heat slowly if it does not melt. If you want to use a microwave, heat the honey for a few seconds at a time and stir frequently.

Honey does not spoil, but it may age and darken over time. To delay this process, store your honey at room temperature and away from direct sunlight.



World's Best Honey

Treasure State Honey took home the gold medal in liquid honey and Bronze in Comb Honey in the year 2019 at Apimondia!



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